

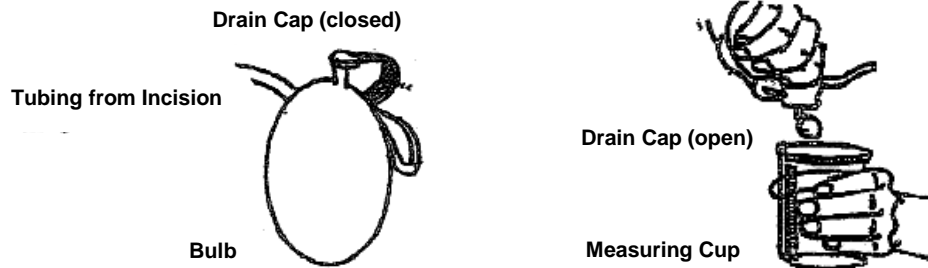
A wound drain is used to collect excess fluid from the surgical area. Wound drains consist of tubing placed in the incision with a bulb attached to the tubing acting as a fluid reservoir. When compressed, the bulb applies gentle suction to collect excess fluid from the surgical area.

Drain Instructions After Surgery

At home, you will need to empty the drain when it is half full, or every 4-6 hours, whichever comes first. You will have four (4) drain measurements per day. Please try to measure at approximately the same time each day.

PLEASE REMEMBER: Never stick anything inside the tubing or detach tubing from reservoir, as this may lead to infection.

- Before draining, wash your hands.
- Obtain a measuring cup to collect the fluid, and keep the measuring cup on hand to collect the fluid.
- Daily “stripping” of the drains is necessary to avoid clogging. To do this moisten a gauze pad with rubbing alcohol or water, pinch the drain near the exit site at the skin (using your pointer finger & thumb to stabilize), and squeeze the tube firmly towards the drain bulb.
- Take care when removing the drain cap; do not let anything touch the inside of the cap.
- Remove the drain cap from the bulb and empty the contents into the measuring cup.
- Using one hand, squeeze the bulb completely (compressing the middle of the bulb to expel the air), and use the other hand to reattach the cap. Remember, when the bulb is compressed, it is applying suction.
- Use the blue clip on the neck of the drain to attach the bulb to your bra or abdominal binder if you have one. If there is no clip, use the rubber loop on the neck of the drain to attach a safety pin, and pin the bulb to your bandage or clothing. Use caution if attaching it to your pants (or lower garment), as you do not want to inadvertently pull down pants and pull out drains.



Record your drainage on the reverse side of this page.

Measure the contents in the cup and record the date, time collected, and the amount of each measurement collected.

- Please bring your Drain Record Output Sheet with you to each office visit.
- After your first post-op appointment, you are on “drain watch” with the office.
- We will be in contact every 3-4 days, to check on the drain output.
- Initially the output will be deep red and will eventually turn deep pink to clear yellow.
- The drain will be approved by Dr. Chong for removal by a member of your surgical team once the fluid output demonstrates a trend of less than 25 cc’s for each individual drain in a 24 hour period.

YOU MUST BRING YOUR DRAIN SHEET WITH YOU TO YOUR APPOINTMENT IN ORDER TO HAVE THEM REMOVED.

After the Drains are Out

- You will have waterproof band-aids to cover the drain holes for 48 hours, so that you may shower.
- The band-aids must be removed after 48 hours and you can shower without them.
- The wound seals after 48 hours, there is no need for further sutures.
- Please call the office at (949) 644-1400 if you have any questions.

Patient Name: _____

(Goal = 25cc < 24 hours)

At home, you will need to empty the drain when it is half full, or every 4-6 hours, whichever comes first.
 You will have four (4) drain measurements per day. Please try to measure at approximately same time each day.

Date	Time	LEFT Drain	RIGHT Drain	Notes:	
		cc	cc		
		cc	cc		
		cc	cc	Daily Total LEFT cc	Daily Total RIGHT cc
		cc	cc		
Date	Time	LEFT Drain	RIGHT Drain	Notes:	
		cc	cc		
		cc	cc		
		cc	cc	Daily Total LEFT cc	Daily Total RIGHT cc
		cc	cc		
Date	Time	LEFT Drain	RIGHT Drain	Notes:	
		cc	cc		
		cc	cc		
		cc	cc	Daily Total LEFT cc	Daily Total RIGHT cc
		cc	cc		
Date	Time	LEFT Drain	RIGHT Drain	Notes:	
		cc	cc		
		cc	cc		
		cc	cc	Daily Total LEFT cc	Daily Total RIGHT cc
		cc	cc		

Please bring this Drain Output Record with you to your next appointment.